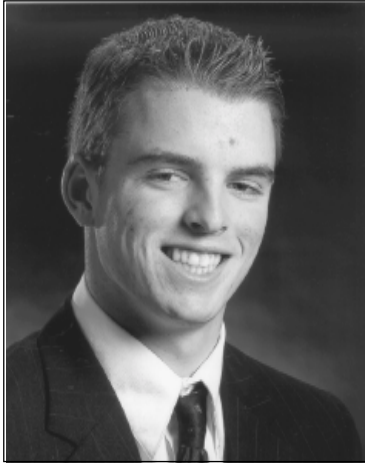


Mira Mesa High's Michael Coughlin and Garrett Blevins honored at awards banquet



Michael Coughlin

Michael Coughlin and Garrett Blevins both of Mira Mesa High School have each been named a scholar-leader-athlete by the Walter J. Zable/San Diego Chapter of the National Football Foundation and College Hall of Fame.

Coughlin and Blevins will be honored with 30 other San Diego County high school and college football players at the chapter's 34th Annual Awards Banquet March 10 at the Scottish Rite Masonic Center in Mission Valley. All of those to be honored have demonstrated exceptional academic, citizenship and athletic achievements during the past year.

Coughlin is a 6-foot, 5 inch, 215-pound quarterback at Mira Mesa High School. In September 2005, he was chosen as the San Diego Hall of Champions Star of the Month. The very next month, the San Diego Union-Tribune named him their

Athlete of the Month. He was named the All-Eastern League Offensive Player of the Year and earned a spot on the All-Eastern League First Team for 2005.

In addition, Calhisports.com named Coughlin to their All-State third-team and he was chosen by his teammates and coaching staff as the Most Valuable Player on offense. He was also chosen as a first-team All-CIF quarterback. Coughlin has appeared on the San Diego Union-Tribune All-Academic Team in 2003, 2004 and 2005.

In his spare time, Coughlin enjoys playing basketball, a sport in which he lettered at Mira Mesa High School. He plans to attend Boise State University.

Coughlin is the son of Jim and Melissa Coughlin.

Blevins is a 6-foot, 205-pound linebacker at Mira Mesa High School. This past season he was named the defensive captain at Mira Mesa High School and earned a spot on the All-Eastern League first-team.

In addition, Blevins was named a second-team All-CIF Union-Tribune linebacker. In June 2005, Blevins was the recipient of the United States Marine Corps Distinguished Athlete Award for displaying courage, poise, self-confidence and leadership as a high school athlete.

Blevins currently holds a GPA of 4.26, placing him in the top four percent among California scholars. Mira Mesa High School awarded him with their Top Scholar Award for the 2004-2005 academic school year.



Garrett Blevins

Not only did the San Diego Union-Tribune name him to their All-Academic First Team, but they also named him their All-CIF Academic Captain. He has also been awarded the American Legion School award for exemplifying courage, honor, leadership, patriotism, scholarship and service as a high school student.

Outside of football, Blevins is an active member of several organizations at Mira Mesa High School. He is a math tutor for the Sunrise Club for Athletes two mornings a week and is the president of both the Weight Lifting Club and the Physics Club. Blevins plans to major in Mathematics at San Diego State University.

He is the son of Gary and Rebecca Blevins.

Courtesy of the Diamond Gateway Signature newspaper, 3/10/06.